

VISUAL SCHEDULE CARDS

SUPPORTING STRUCTURE THROUGH CLEAR VISUALS
LCBWA – LOW COUNTRY BEHAVIOR & WELLNESS AGENTS

**VISUALS HELP CHILDREN UNDERSTAND WHAT'S HAPPENING NEXT, REDUCE ANXIETY,
AND SUPPORT SMOOTH TRANSITIONS THROUGHOUT THE DAY.**

Creating clear routines helps children feel secure, understand what comes next, and build independence throughout their day. These Visual Schedule Cards are designed with child-friendly, cartoon-style illustrations to support smooth transitions, reduce anxiety, and promote confidence.

This set includes visuals for common daily activities such as Wake Up, Brush Teeth, Get Dressed, Breakfast, School/Therapy, Snack, Play, Chores, Bath Time, Bedtime, Potty, and Wash Hands. Each card can be used individually or arranged to build a full daily schedule.

You can print, laminate, and reuse these cards or display them in a routine chart at home, school, or in the community. These visuals help children understand expectations, follow steps independently, and take pride in completing their routines.



VISUAL SCHEDULE CARDS



VISUAL SCHEDULE CARDS



Wake Up



Brush Teeth



Get
Dressed



Breakfast



School /
Therapy



Snack

VISUAL SCHEDULE CARDS



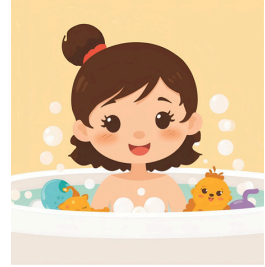
VISUAL SCHEDULE CARDS



Play



Chores



Bath
Time



Bedtime



Potty



Wash
Hands

VISUAL SCHEDULE CARDS

SUPPORTING STRUCTURE THROUGH CLEAR VISUALS
LCBWA – LOW COUNTRY BEHAVIOR & WELLNESS AGENTS

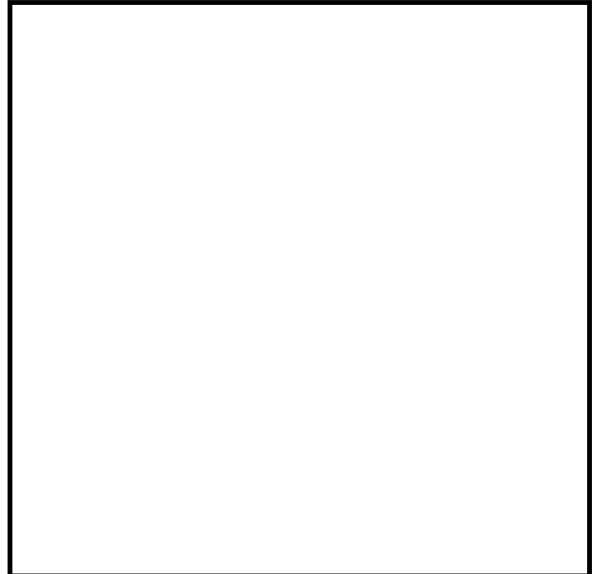
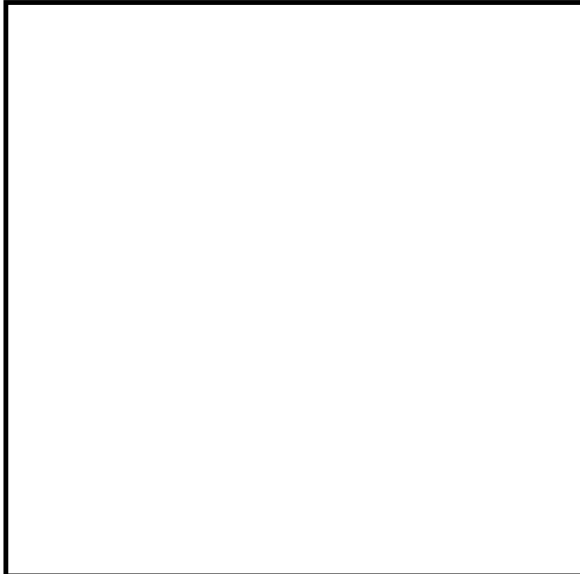
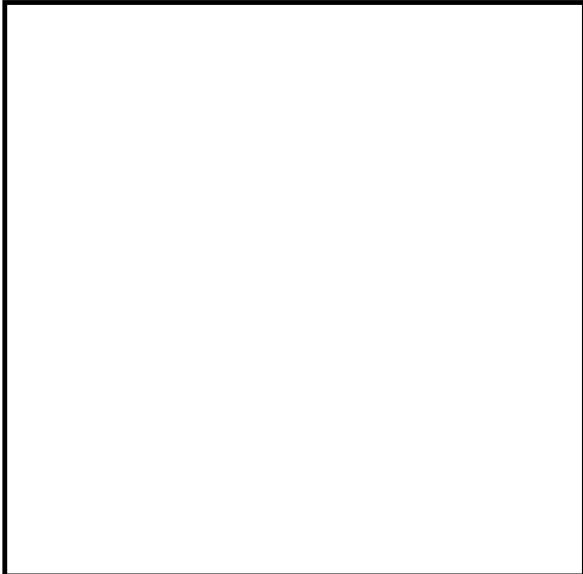
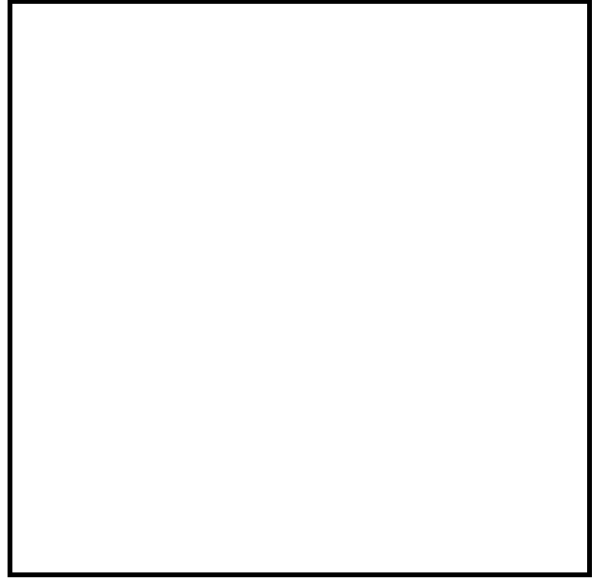
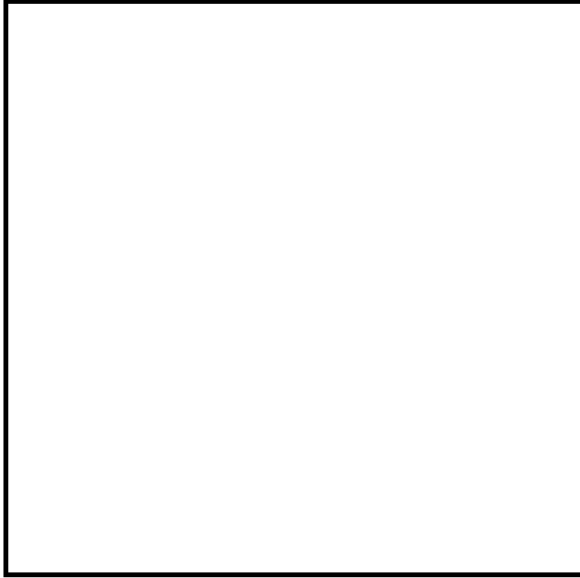
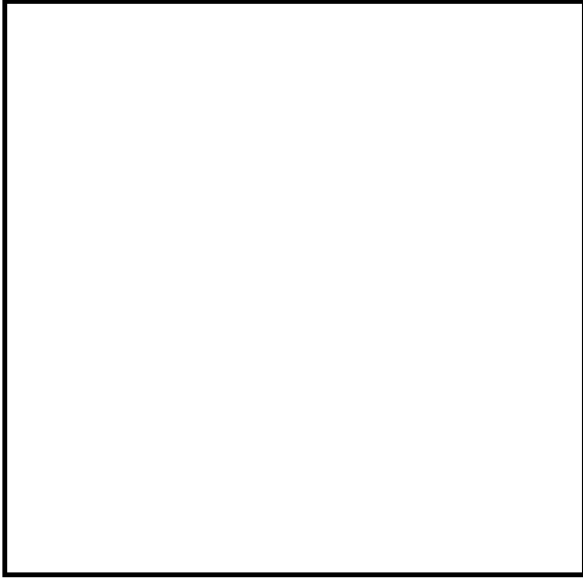
**VISUALS HELP CHILDREN UNDERSTAND WHAT'S HAPPENING NEXT, REDUCE ANXIETY,
AND SUPPORT SMOOTH TRANSITIONS THROUGHOUT THE DAY.**

Every family's routine is unique, so we've included two blank Visual Schedule Cards for you to personalize. Use these spaces to add activities, routines, or tasks that fit your child's individual needs.

Parents can write, draw, or add their own images — making this schedule fully adaptable to your family's daily life.



VISUAL SCHEDULE CARDS



VISUAL SCHEDULE CARDS

