

Social & Recreation Opportunities Guide

Prepared for Low Country Behavior & Wellness Agents(LCBWA)

Adaptive & Inclusive Recreation

Special Olympics South Carolina- Inclusive sports, training, and competitions for children, teens, and adults with intellectual disabilities: <https://so-sc.org>

YMCA of Coastal South Carolina (Adaptive Programs)- Inclusive swim lessons, sports, and recreation programs (Families should ask about adaptive or inclusive options at their local branch): <https://www.ymcacharleston.org>

Charleston County Parks – Adaptive Recreation- Inclusive camps, programs, and sensory-friendly events: <https://www.ccprc.com/1573/Adaptive-Recreation>

South Carolina Inclusive Recreation & Sports (SCIRS)- Statewide adaptive sports and recreation opportunities: Sensory-friendly events at museums and theaters. Inclusive faith-based and community programs. Local parks with accessible playgrounds and trails.

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Social Skills, Peer Groups & Community Connection

Autism Society of South Carolina – Events & Groups- Social groups, family events, teen/young adult meetups: <https://scautism.org>

Family Connection of South Carolina – Community Activities- Parent support groups, family events, workshops:
<https://www.familyconnectionsc.org>

Parent to Parent of South Carolina - Peer mentoring and family connection opportunities: Sensory-friendly events at museums and theaters. Inclusive faith-based and community programs. Local parks with accessible playgrounds and trails.

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Arts, Sensory-Friendly & Leisure Opportunities

South Carolina State Museum – Sensory Friendly Programs- Sensory-friendly museum days and educational programming:

<https://scmuseum.org/learn/sensory-friendly>

Children’s Museum of the Lowcountry – Sensory-Friendly Hours- Inclusive play experiences for younger children: <https://explorecml.org>

Regal Cinemas – Sensory Friendly Films- Autism-friendly movie showings (nationwide program used in SC): Sensory-friendly events at museums and theaters. Inclusive faith-based and community programs. Local parks with accessible playgrounds and trails.

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Camps & Seasonal Programs

Camp Happy Days- Summer camp and family support for children with medical needs: <https://camphappydays.org>

Easterseals South Carolina- Recreation, camps, and support services for individuals with disabilities: <https://www.easterseals.com/sc>

These resources are provided for informational purposes only. Availability and eligibility may vary by location. Low Country Behavior & Wellness Agents does not directly manage or oversee these programs.

